

T R A I N W I T H T H E F I N E S T



ADMISSION GUIDE 2020-2021



RFC FOOTBALL ACADEMY - RESIDENTIAL PROGRAMME

Vijayalakshmi Apts., Silicon Layout, Devanahalli, near Akash Hospital, Bangalore -562 110

WELCOME TO RFC FOOTBALL ACADEMY



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Welcome to RFC Football Academy, a platform where rising talent trains with the finest in football. Home to young athletes from across India, RFC Football Academy nurtures passion and aptitude for the sport with international grade training, a sport-science driven curriculum and an impeccable faculty of international and national coaches.

Our expansive residential football programme is designed to fuel high-performance player development and we invite you to discover the future of professional football training.



Located in the lush green north Bengaluru and equipped with state of the art facilities. Home of RFC Residential Football Academy has the top-end sporting and recreation facilities well as the modern residential spaces provide the best environment to RFCFA's student athletes around the year.



“

Any change in the current football ecosystem has to be driven by a bottom-up approach. Just by giving children the correct training and guidance while they are young, we can turn them into world-class players and take the football prowess of the nation ahead. RFC Football Academy is driving the future of football in the right direction.

”

N. A. Haris
M.L.A., Shantinagar



“

India has no dearth of football talent. What India needs now is training and mentoring for that talent, coupled with the right level of infrastructure. RFC Football Academy provides both and also takes care of all the needs of budding footballers, by giving equal importance to both football and academics.

”

M.P. Swamy
Chairman, Bangalore District Football Association

FOREWORD

“Propelling the future of Indian football is at the core of our efforts at the academy. We at RFC Football Academy strive to be catalysts to the hundreds of aspirant athletes who seek a football education. Our expertly designed programmes, experienced staff and new age curriculum are custom-designed to create an ecosystem for young players to further their game and harness their future in professional football. RFC Football Academy is a pathway for aspirant footballers towards a profession in the sport of football.”

Preetham Chandra
Founder and Managing Director



A high-performance and inspiring coaching is imparted by our Technical Director Marco Anjos. He brings several years of experience on the turf to RFC Football Academy. The single-minded dedication to the sport and enhancing player performance, potential and acumen has been the driving force behind successful professional players across the world.



RISE TO YOUR FUTURE

BENGALURU RESIDENTIAL CENTRE

CATEGORIES & ANNUAL INTAKE

U 13 - 20 Student-Players
U 15 - 20 Student-Players

U 18 - 25 Student-Players
U 22 - 20 Student-Players



ACADEMIC SYLLABUS

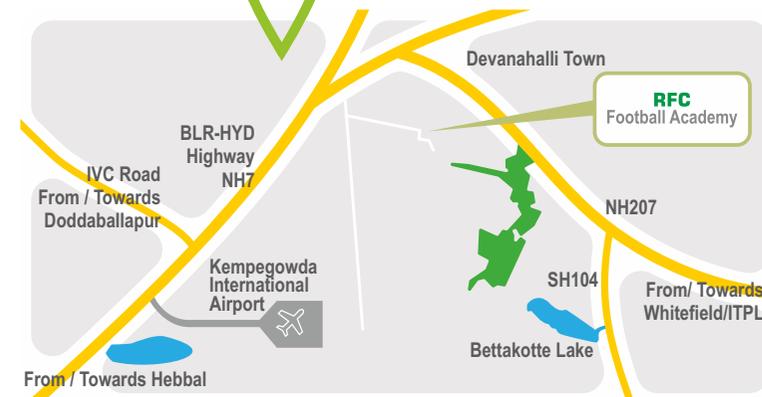


- Indian Certificate of Secondary Education (ICSE)
- Central Board of Secondary Education (CBSE)
- International General Certificate of Secondary Education (IGCSE)
- Karnataka State Board (SSLC)

The residential football centre at, Devanahalli, is an elite training platform to nurture U19 talent across the country. The immersive football education programme is based on a sport-science curriculum that accentuates player skills, techniques and tactics, transforming passion to performance on the field.

Off-field too, students get holistic guidance thanks to our academic partners, after-school guidance and our inclusive and nurturing boarding environment.

LOCATION



AFFILIATIONS & PARTNERSHIPS



- Nivia Sports Equipment is a FIFA certified manufacturer of Pro Quality Match balls. The official ball partner of ISL and kit partner of various ISL teams is also RFC-FA's Kit and equipment partner.



- Touchline Sports - One of the leading companies in Northeast Touchline will be working with RFCFA in scouting opportunities and exchange programs for our coaches and players with the entire North east region.



- Karnataka State Football Association established in 1946 the body is one of the 36 Indian State Football Associations that are affiliated to the All India Football Federation. KSFA has hosted premium leagues in the state and is the regulatory authority for football in the state of Karnataka.



- The Bangalore District Football Association (BDFA) is the governing body of football in Bengaluru based out of the prestigious Bangalore Football Stadium. BDFA conducts various leagues across the city and help nurture talent and in creating a pathway to professional football.



AFFILIATIONS & PARTNERSHIPS



- Core Physio Academy is registered under IHFA – International Health & Fitness Association.

Founded by Dr. Gopa Kumar who has an experience of over 23 years and has also served as the Physio of Kuwait National Football team.

He has been awarded the Excellency Award 2017 by Physio Foundation of India and also the Indian Business Award 2016 for best Physiotherapy Centre in Bengaluru.



- MS Ramaiah Memorial Hospital is one of the most reputed hospitals in Bengaluru.

It's a multi-specialty hospital established in 1979.

MSR Hospital is providing the diagnostic services for the Academy and also providing match day medical services such as ambulance, etc.



- Narayana Nethralaya is a reputed chain of Specialty Eye Hospitals in Bengaluru with 4 hospitals across.

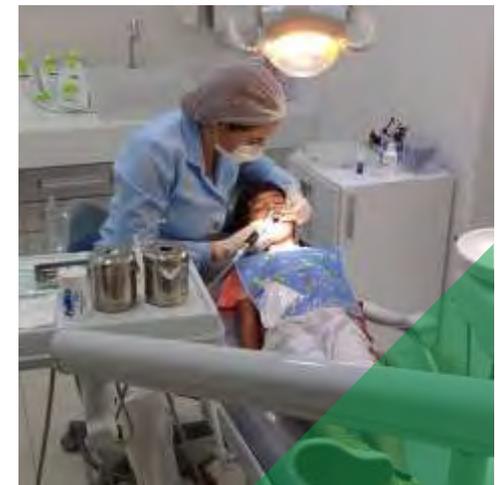
Narayana Nethralaya has the most advanced facilities such as Aesthetics Studio, Neuro ophthalmology & Electrophysiology, Oculoplastic & Orbit Surgery, Retinoblastoma Service, Vitreoretinal Services, etc.



K R U P A DENTAL CLINIC

- Krupa Dental Clinic is one of the most reputed clinics.

Krupa Dental Clinic is the official partner of RFC Football Academy for taking care of the athlete's dental problems and keeping the teeth healthy



INSTITUTIONAL TIE-UPS

AKASH INTERNATIONAL SCHOOL

With "Aim High Towards Excellence" the school provides students with insights on one hand and positive assimilation of traditions, culture and knowledge. The school provides an environment in which they can truly explore the vast vistas of knowledge, reach new horizons and venture into unexplored frontiers.

A student's overall development in all aspects of their life driven by high quality education is the priority of the institution.

Board affiliations available for students from standards I to XII:

- Central Board of Secondary Education (CBSE)
- Indian Certificate for Secondary Education (ICSE)
- The Cambridge International General Certificate of Secondary Education (IGCSE).



◀ SESHADRI PURAM EDUCATION TRUST

SFGC was established in 1992 by SET, since 25 years is the pioneering educational management. Founded in 1930, SET, in course of its sustained glow sign decades, has burgeoned as the foremost educational organization in Karnataka. SET has grown as a global conglomerate of premier educational institutions and a symbol of emergent free India, catering to a total student population of over 20000.

B.com, BBA, BCA, Bsc (Electronics, Mathematics, Computer Science, Biochemistry, Biotechnology, Genetics.) and M.Com

THE TEAM THAT DRIVES US

FACULTY & MANAGEMENT

Our talented and dedicated band of international scouts, educators, coaches and players bring together a uniquely designed programme to fuel the young talent at the RFC Football Academy and its football education ecosystem.

Training Methodology-Lisbon
Lisbon Football Association

Official Sporting Lisbon Scouter-Lisbon
Sporting Clube de Portugal

UEFA License-Lisbon
Portugal Football Federation

Operationalization of GK training-Oeiras
Manchester United Football Club

Our Technical Director and Head Coach, Marco Anjos, bring over 20 years of combined experience on the turf to RFC Football Academy. Marco Anjos is a UEFA licensed coach and is truly a global personality. His single-minded dedication to the sport and enhancing player performance, potential and acumen has been the driving force behind successful professional players across the world.

As a player, Anjos always played at the highest level, representing clubs in countries like Brazil, Portugal, France, Netherlands, Serbia and Croatia. Anjos is also known for having developed a successful training methodology through the years. In the last years, Anjos has worked as a Technical Director too, where he had the opportunity to develop academies, mentor coaches and upcoming players to the high European standards football.



THE TEAM THAT DRIVES US FACULTY & MANAGEMENT

Qualification

MPT (Orthopaedics & Sports)

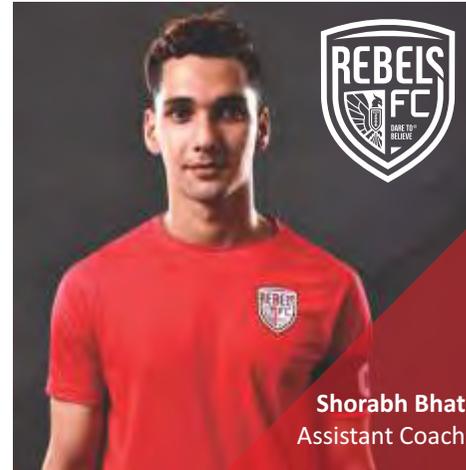
Career Highlights

Karnataka State Football Association (KSFA)
Santosh Trophy
Physiotherapist (2018-19 & 2019-20 Season)

RFC Football Academy

Full time physio for the club and academy

THE SUPPORT SYSTEM



SUCCESS STORIES



Rajender Singh

CAREER HIGHLIGHTS

- Participated For ISL Club, Jamshedpur FC Reserve Team trials
- Selected to Represent Karnataka for Santosh Trophy



Suyash
Thomas Koshi

CAREER HIGHLIGHTS

- Awarded as the best forward at BDFA 'C' division tournament



CAREER HIGHLIGHTS

- Signed professional contract with ARA FC, an I League 2nd Division Club.



Subhadeep
Debbarma

Aditya A. Nair

CAREER HIGHLIGHTS

- Selected for the State Inter College Tournament from Seshadripuram College, Yelahanka.



U16 TRIUMPHS

- Our U16 team won the Super Park Cup tournament held at FSV Arena. A tournament consisting of numerous teams across Bangalore. The team scored a number of 15 goals in 4 matches and ultimately scoring 2 goals in the final to clinch the title.

The young lads began their journey to be called as Rebels.

SUCCESS STORIES



OUR FIRST TROPHY

- Our senior team went undefeated throughout the league stages and played some beautiful football to bring home The Amateur League Shield. The entire credit goes to our Technical Director Mr. Marco Anjos who is continuing this year in our journey.



OUR FIRST ASCENSION

- Under the guidance of Marco Anjos, the senior team stunned the city with their football prowess. Only with 12 players in the team to play the league and going the entire season being undefeated added fuel to our belief system and speaks volume about our technical team's capabilities.



RUNNERS UP - BDFA B DIV KNOCKOUT TOURNAMENT

- Our lads performed well at the big stage once again. Coming up as runners up in the knockout phase has fuelled them with enormous belief to accelerate their progress in the upcoming league stage.

Here on we say the men Dare to Believe.

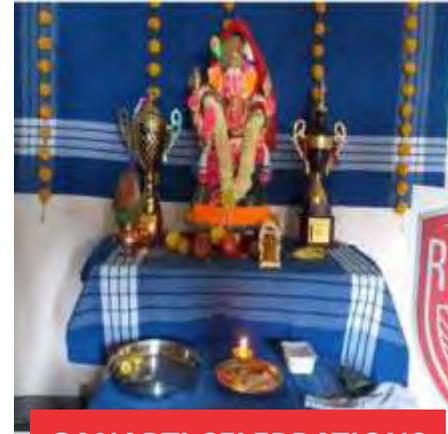
ACADEMY EVENTS & CELEBRATIONS



HOLI CELEBRATIONS



ONAM CELEBRATIONS



GANAPTI CELEBRATIONS



DIWALI CELEBRATIONS



BIRTHDAY CELEBRATION



TEAM OUTING-AMOEB



BENGALURU FC MATCH



INDEPENDENCE DAY

ACADEMY EVENTS & CELEBRATIONS

RFC DAY | KIT LAUNCH CEREMONY.



Launching monthly newsletter



Club President Preetham Chandra and Gen. Secretary Karun honouring Technical Director - RFCFA, Marco Antônio Anjos in the typical Karnataka style.

REWARDS & RECOGNITIONS



—Best player of the academy - Sharabh Bhatt—
Presented by - Mr. Marco Anjos
(Technical Director - Rebels Football Club and Academy)



—Best grassroots female athlete- Ahana—
Presented by - Mr. Marco Anjos
(Technical Director - Rebels football Club and Academy)



—Best grassroots male athlete- Harshath G—
Presented by - Mr. Marco Anjos
(Technical Director - Rebels Football Club and Academy)



—Most promising grassroots athlete- Sivaran Prakash—
Presented by - Mr. Marco Anjos
(Technical Director - Rebels Football Club and Academy)



—Best social contributor of the year- Karanvi and team—
Presented by - Dr. S.N. Venkatesh
(Principal - Shriadhritipuram first grade college)



—Most promising player of the academy- Raashid Singh—
Presented by - Dr. Prathima
(Karnatak hospitals)



—Best collaborator of the year- Salah (Care Physio)—
Presented by - Dr. Prathima
(Karnatak hospitals)



—Best student athlete of year 2024-25 - Divyaa Rao—
Presented by - Karun M.A.
(Gen. Secretary - Rebels football Club)



—Best fan of the year- Sathish Keshvi and family—
Presented by - Dr. S.N. Venkatesh
(Principal - Shriadhritipuram first grade college)



—Best parent of the academy- Manjouri Lomary—
Presented by - Dr. M.S. Arun
(Karnatak hospitals)

FACILITIES & FEATURES



IMMERSIVE FOOTBALL PROGRAMME

- Technical, tactical & mental development at all stages of the game
- Active peer-learning on & off the field
- Over 40 matches facilitated per year against professional & academy teams

SPORTS-SCIENCE DRIVEN CURRICULUM

- Professional curriculum for holistic player development
- Drills for agility, movement, endurance, speed & technical skills
- Focus on young athletes' physiological, psychological & performance development

EXPERT COACHING TEAM

- Experienced national and European coaches
- Interactive sessions with coaches, trainers, nutritionist and senior players
- Specialized training formats and sport plans for every student
- Player assessments & monthly feedback in 1:1 mentoring sessions

SUPPORT FROM ACADEMIC PARTNERS

- Complete curriculum options like IGCSE, CBSE, ICSE and State-levels
- Accredited partner schools in close proximity to the academy
- International exchange programs



VIBRANT & POSITIVE PEER ENVIRONMENT

- Positive environment with peers & seniors to learn and improve skills
- Timely peer-training and interactions, individual counsel and a culture of inclusivity

SPORTS FACILITIES

- 11-a-side natural turf football ground
- 6-a-side natural turf football ground
- High-performance gym with full-time trainers
- Full-fledged swimming pool for recovery

RESIDENTIAL FACILITIES

- Player accommodation with round-the-clock staff
- 24/7 high-speed Wifi
- Recreational Rooms
- Healthy & nutritional dining regime
- Laundry services
- 24/7 security staff & arrangements
- Library & study centre
- Separate menus for vegetarian & non-vegetarian students

FOOTBALL CURRICULUM

RFC Football Academy’s football curriculum is broken down into **Physical, Technical and Tactical & Mental programming**. The players go through these cycles at required intervals, customised according to age stages and individual needs.

PHYSICAL PROGRAMMING

A young athlete goes through many physical changes as a part of the natural growth process which affects his ability and performance levels. These are assessed and corrected with strength training and conditioning for a lifetime of fitness.

TECHNICAL PROGRAMMING

The players are trained in various techniques and skills at different levels. Specific drills are designed to help them gain both basic and intricate skills.

- First touch • Dribbling • Passing • Shooting • Heading • Ball Keeping • Tackling • Vision on ball • Running off the ball

TACTICAL LEARNING & GROWTH CYCLE

A breakdown of focus areas in the player’s growth cycle

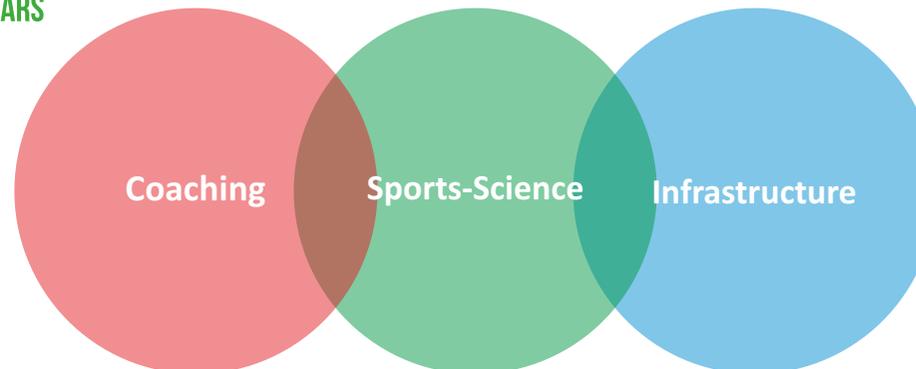
12-14 Years	Results Game maturity, tactical and multiformat games.	Opportunities Participation in local tournaments & leagues.
14-16 Years	Results Competition maturity and grid coaching.	Opportunities Signing of youth/ amateur contract with clubs.
16 +	Results Participation in tournaments across a season.	Opportunities Signing of youth/ amateur contract with clubs.

TACTICAL & MENTAL PROGRAMMING

Our coaches work closely with individual players via 3 modules to understand and monitor them and train them into prime athletes who can play any game format with energy, strength and tact.

- Module 1: Controlled environments with small sided games and innovative drills
- Module 2: Competitive practice matches
- Module 3: Game formats such as matches, knockouts, tournaments & leagues

CORE PILLARS



TYPICAL TRAINING CALENDAR

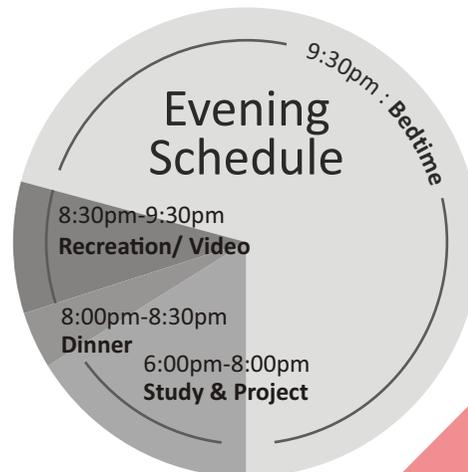


Varies with age groups and competition intensity.

LIFE AT THE ACADEMY

A WEEKDAY AT THE ACADEMY

On weekdays, the student-athletes' lives revolve around training, football, academics and recreational activities. Through it all, they spend time with their peers, seniors and staff in an inclusive and supportive atmosphere.



WEEKENDS AT THE ACADEMY

Weekends are more free-ranging and focus on fostering camaraderie between players and students through leisure activities, competitive matches and team-building excursions to the city

REBELS FOUNDATION



Kavya Ananth
President – Rebels Foundation



“It has always been my dream to build this foundation where everyone can connect to a single goal. The Foundation's vision is to do all that we can to help and develop the underprivileged. To me, sports has the power to change the world and awaken hope in every individual. The Rebels Foundation aims to bring that hope in the life of every person that it reaches through its efforts. It is my firm belief that when you know what inspires you, you make that your purpose and grow. The foundation is that instrument which will enable children and make them grow in the fraternity of sports.”



ABOUT REBELS FOUNDATION

The Rebels Foundation is a non-profit organization headquartered in Bangalore, India. It is the foundation's belief that children from all walks of life should have access to the best sporting opportunities in an increasingly globalized society. The Rebels Foundation understands that the reason for children dropping out of sports is not only due to the lack of adequate resources and coaching, but also due to difficult circumstances such as dysfunctional homes, financial constraints, lack of parental support etc. The aim of the foundation is to make a difference to every child who is currently battling such hardships and use sports as a way to enrich their lives. The foundation will not only focus on grooming sporting talent in these children, but also train them to be dependable and holistic citizens of tomorrow.



TESTIMONIALS

- The RFC Football Academy has always delivered amazing coaching to it's students. It certainly is a professionally managed outfit with a great pool of qualified coaches. In all, they are extremely receptive to new ideas.

- Shilpa, Parent

- My son loves the sessions at RFCFA, in fact it's his second home. The interactive sessions have enhanced his strengths while addressing the vulnerabilities. The environment here is energetic and friendly.

- Suma, Parent

- It has been a journey with apprehension, hope and rewarding tryst with RFC. Hat's off to this academy to put out coaches of high pedigree and managing 60 boys in the most difficult age. Wishing RFC to compete and get out some great footballers and make all of us proud.

- Santhosh Koshi, Parent

- I can vouch safe for the utmost care taken by the trainer's and administrator of the RFC to insure development of the boys as a professional footballer. I observe that the trainees are given good care with congenial accommodation and nutritious food in the campus. I wish the RFC many more years in building up football talents among the youth

- Wansuk Syiem, Parent



MEDIA GALLERY

Launch of RFC Football Academy | Residential Wing

The residential football training facility was launched on 5th May 2018 amidst distinguished members of the Football fraternity to include Shri. Gurpreet Singh Sandhu (Vice Captain - Indian Football Team), Shri. M. P. Swamy (Chairman - Bangalore District Football Associaton) in the company of Shri. Preetham Chandra (MD - RFC Football Academy), Shri. Abhishek Sharma (MD- Athletes Today) & Shri. Arki Nongrum (MD - Touchline Sports).

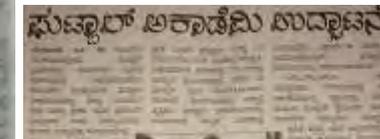
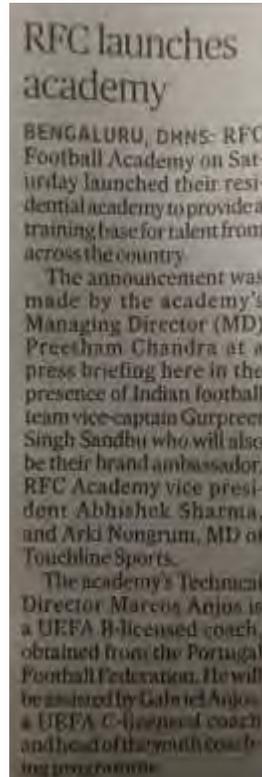
Online Coverage

RFC's Residential Football Programme - www.thehindu.com

RFC Football Academy Ropes Gurpreet as Brand Ambassador - www.mykhel.com

RFC Football Academy - Launch of Residential Programme - indiannewz.wordpress.com

RFC Football Academy Residential launched at Bengaluru - Bangalore News Network



RFC launch academy

DC CORRESPONDENT BENGALURU, FEB.10

In the midst of a mini-revolution within India's footballing landscape, RFC Academy have embarked on the road to nurturing talent from Bengaluru and around the country with the inauguration of its residential training facility in Kengeri on Friday. Under the auspices of Karnataka State Football Association president N.A. Harris and Bangalore District Football Association (BDFA) chairman M.P. Swamy, the institution aims to lay the groundwork with regard to nutrition and technical skills along with handling the players' educational needs.

Co-founder Preetham Chandra believes the club is putting into place international practices that will hold players in good stead for the future. "When we began RFC Football Academy, the game plan was to provide the best possible training to budding footballers that will take India to the next level of football excellence," said Chandra. RFC Academy will take in about 40 candidates in the U-16 and U-19 categories on a 10-month program, the trials for which will commence in April. The club hopes to graduate products from within and into the senior team, playing in BDFA's C Division.

RFC Football Academy launched

The RFC Football Academy, a residential facility in Kengeri, was launched here on Friday. The Academy, run by Rebels Football Club, will begin operations in June 2017 with 40 players. Rebels FC's senior team of 15, which competes in the BDFA-C division league, will be joined by 25 U-16 players in the first intake. "We have a 4.5-acre facility in Kengeri. We already have a full-size pitch, a pool and a gym. The dormitory is under construction," said Preetham Chandra, one of the academy's founders. Trials are scheduled to be conducted in April to select the first intake. Former India U-16 coach Thomas Joseph has been appointed the Academy's Technical Director while former MFC coach S.P. Shree has come on board as the Head Coach. "We are already trying to build a team of homegrown players with Rebels FC," said Shree of Kamath RFC, football.

Residential football academy in city: Bengaluru is all set to get a private residential football training centre in Kengeri, with the launch of the RFC Football Academy on Friday. The academy, which recently added former I-League second division player Sanoj N to its ranks, will take in more trainees for its first batch in June with the aim of developing talent and producing professional players. RFC has also tied up with educational institutions in the area to help in the overall development of players. Trainer and injury management consultant Abhishek Jagan will take charge as the high performance coach of the academy.

बेंगलूरु में रेजीडेंशियल फुटबॉल एकेडमी शुरू

बंगलूरु, बेंगलूरु में रूकबर को अंतरराष्ट्रीय स्तर को रेजीडेंशियल फुटबॉल एकेडमी शुरू हो गई। प्रफेशनल खिलाड़ी तैयार करने के मकसद से खोलाए फुटबॉल में शुरू में अंडर-17 आयु वर्ग का पहला बैच तैयार कर मैदान में उतरा जाएगा। कर्नाटक स्टेट फुटबॉल एसोसिएशन के अध्यक्ष शान्तिनगर विभागीय एन ए हैरिस, बेंगलूरु डिस्ट्रिक्ट फुटबॉल एसोसिएशन के संघर्षमैन एमपी स्वामी, अंतरराष्ट्रीय एथलेटिस्ट प्रोफिट श्रिकर, आरएफसी के माह संस्थापक जगत कामरा, मह महस्थापक प्रोमो चन्द्रा ने प्रेस कन्फ में एकेडमी का उद्घाटन किया। आरएफसी के प्रोडर का विमोचन भी किया गया। बेंगलूरु एकेडमी के अध्यक्ष हैरिस ने कहा कि फुटबॉल में सभी खिलाड़ियों का सामूहिक योगदान होता है। कुछ खेपों में खेलों की कामी बढ़ावा मिल रहा है। बंगलूरु में कर्नाटक फुटबॉल स्टेटियम विकसित किया जा रहा है। वे खेल में राजनीति नहीं चाहते। खिलाड़ियों को खेल में मौका देना चाहते हैं। बीबीएफए के नेकमैन स्वामी ने कहा कि देश में खेलों का अंडर-17 फुटबॉल का आयोजन किया जाएगा। अनु तक फुटबॉल खिलाड़ियों का पहला बैच तैयार हो जाएगा। आरएफसी के बीड कोच एम पी शान ने कहा कि अनुमन बच्चे देश से खेल में अंतर् हैं और उन्हें पूर्ण रण होने में समय नया जाता है। जब तक पराधर्म करते हैं, कामी दे ही जाती है। आरएफसी के तकनीकी सलाहकार शोमस जोसेफ ने कहा कि वर्तमान में किसी में मुक्ति है लेकिन सभी खिलाड़ी कहां से दूर शाह में रहते हैं। इससे कांठी अस्मिता होती है।



- Online Coverage**
- Bengaluru's First Residential Football Academy* - Arun Foot
- Launch of Bangalore's First Residential Football Academy* - Express Hunt
- Launch of Bangalore's First Residential Football Academy* - Bangalore Today
- Bengaluru's First Private Residential Football Academy* - Press Release Watch
- RFC Academy Press Conference* - News India

RFC academy announced

Rebels Football Club (RFC) on Saturday announced the launch of its residential academy on Saturday. The academy, situated in Kengeri, will start its first batch in June 2017. The batch will see 40 intakes for a 10-month long programme. The trials for the same will begin in April, with RFC expecting aspiring footballers from across the

Inauguration of R C Football Academy's | 1st Pitch & Dormitory by Hon. Sports Minister
RFC Football Academy's 1st Pitch and the dormitory was inaugurated by Shri. Promod Madhwaraj (Hon. Minister for Youth & Sports - GoK) in the presence of Shri. Anupam Agarwal, (Director of Youth Empowerment & Sports) with Preetham Chandra (Managing Director - RFC Football Academy).
Launch of RFC Football Academy
RFC Football Academy was launched on 10th February 2016 by Shri N.A Haris Member of Legislative Assembly, Shantnagar, Bangalore, Karnataka and President of the Karnataka State Football Association (KSFA) with Shri. M.P. Swamy, Chairman, Bangalore District Football Associaton (BDFA) and Preetham Chandra (Managing Director - RFC Football Academy).



ಪುಟಾಳು: ಕೆಂಗೇರಿಯಲ್ಲಿ ಕಾರ್ಯನಿರ್ವಹಿಸಲಿರುವ ಆರ್‌ಎಫ್‌ಸಿ ರೆಸಿಡೆನ್ಸಿಯಲ್ ಆಕಾಡೆಮಿಗೆ ಚಾಲನೆ
ಬೆಂಗಳೂರು: ಕೆಂಗೇರಿಯಲ್ಲಿ ರೆಸಿಡೆನ್ಸಿಯಲ್ ಆಕಾಡೆಮಿಗೆ ಚಾಲನೆ. ರೆಬೆಲ್ಸ್ ಫುಟ್ಬಾಲ್ ಕ್ಲಬ್ (ಆರ್‌ಎಫ್‌ಸಿ) ರೆಸಿಡೆನ್ಸಿಯಲ್ ಆಕಾಡೆಮಿಗೆ ಚಾಲನೆ ನೀಡಿದೆ. ಈ ಆಕಾಡೆಮಿಯು ಕೆಂಗೇರಿನಲ್ಲಿ ಸ್ಥಾಪಿಸಲಾಗಿದೆ. ಇದು ರೆಬೆಲ್ಸ್ ಫುಟ್ಬಾಲ್ ಕ್ಲಬ್‌ನ ಅಂಗವಾಗಿರುತ್ತದೆ. ಆಕಾಡೆಮಿಯು 40 ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಸ್ಥಾನ ನೀಡುತ್ತದೆ. ಇವರುಗಳಿಗೆ ಉನ್ನತ ಮಟ್ಟದ ತರಬೇತಿ ನೀಡಲಾಗುವುದು. ಆಕಾಡೆಮಿಯು ಜುಲೈ 2017 ರಲ್ಲಿ ತನ್ನ ಕಾರ್ಯವನ್ನು ಆರಂಭಿಸುತ್ತದೆ. ಆಕಾಡೆಮಿಯು ರೆಬೆಲ್ಸ್ ಫುಟ್ಬಾಲ್ ಕ್ಲಬ್‌ನ ಅಂಗವಾಗಿರುತ್ತದೆ. ಆಕಾಡೆಮಿಯು ಕೆಂಗೇರಿನಲ್ಲಿ ಸ್ಥಾಪಿಸಲಾಗಿದೆ. ಇದು ರೆಬೆಲ್ಸ್ ಫುಟ್ಬಾಲ್ ಕ್ಲಬ್‌ನ ಅಂಗವಾಗಿರುತ್ತದೆ. ಆಕಾಡೆಮಿಯು 40 ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಸ್ಥಾನ ನೀಡುತ್ತದೆ. ಇವರುಗಳಿಗೆ ಉನ್ನತ ಮಟ್ಟದ ತರಬೇತಿ ನೀಡಲಾಗುವುದು. ಆಕಾಡೆಮಿಯು ಜುಲೈ 2017 ರಲ್ಲಿ ತನ್ನ ಕಾರ್ಯವನ್ನು ಆರಂಭಿಸುತ್ತದೆ.

Frequently Asked Questions [FAQs]

1. What are the different age groups in the residential academy?

U 13 - Born on or after 01/01/2006 | U 15 - Born on or after 01/01/2004 | U 18 - Born on or after 01/01/2001 | U 22 - Born on or after 1997

2. What are the different programs available

A. Residential academy - Semi professional to professionals Age (11 - 19) Location - Akash International School (Devanahalli)

B. Grassroots centres - Amateur to semi professional . age (6 - 16) | Centres - Matchday (New BEL Road) 21st Avenue (Hyderabad), New Age World School (Yelahanka)

3. What makes RFCFA special than other existing academies in India?

Firstly, the understanding that any aspiring football player needs the right training at the right age to be able to reach his or her peak. At RFCFA, we focus on grooming talent by providing the best possible facilities and mentor ship. We create an ecosystem which is optimal for a player to develop and maintain their skills. RFCFA has put together the best available technical staff with foreign exposure to enhance the skillsets of the athletes.

Our Technical Director is Mr. Marco Anjos from Portugal who is a UEFA license coach who has personally groomed players who are playing in Brazil, Argentina and Europe. He was also a scout for one of the biggest clubs in the world Sporting Lisbon in Portugal. He has trained the youth Portugal national team and travelled them throughout the world representing in various prestigious competitions. With our TD leading the team with our Indian coaches we have put together a very efficient and impactful team that can give birth to special talent.

4. As mentioned in your brief, RFCFA has tied up with several partner institutions. Can you throw light on the same?

The RFC Residential Academy provides our players with 360° development that they need to pursue a career in football. We have partners all over the country in helping us create the ecosystem.

- Touchline Sports - One of the leading companies in Northeast Touchline will be working with RFCFA in scouting opportunities and exchange programs for our coaches and players with the entire North east region. We have also partnered with educational institutions for our players to receive access to premium educational facilities to develop in their academics as well. Our educational partners are spread over different academic syllabus and grades for students of different age groups.

5. Has RFCFA reached out to anyone from the football fraternity for promotional services? If so, please mention, if not, does the academy plan to execute the same in the future?

RFCFA has been endorsed and promoted by the vice captain of the Indian football team Gurpreet Singh Sandhu. With his expertise needs to be plugged in the system. and mentorship we would like to remodel the present scenario of education of Indian football association Mr Arki Nongrum who has been a key factor in setting up the football culture in producing talent in the North East. RFCFA is also endorsed by Sumeeth Rathi who is a U17 world cup representative from India, who is helping us understand the growth curve of his journey and the gaps.

6. Is the academy targeting at a spot in the junior I-League system? Has the academy contacted the I-League authorities?

RFCFA will be competing in U 13, U 15 and U 18 I league from 2020. The talented individuals will get to play in RFC. We also have tie ups with I league teams all over the country. The athletes will be given scouting opportunities to play in foreign conditions to increase the exposure and contribute towards continuous learning and improvement.

7. Who is/are the head coach(es) and which license do they hold?

On our team, we have Technical director ,Mr Marco Anjos UFEA license coach. Our TD bring over 20 years of combined experience on the turf to RFC Football Academy. His single-minded dedication to the sport and enhancing player performance, potential and acumen have been the driving force behind

successful professional players across the world.

8. What is the financing system- Does there exist a 'pay and play' format or it's partially paid or there is funding in terms of scholarships?

With the kind of diverse players and requests that the RFC Residential Football Academy receives, we have had to make provisions for all types of admissions and cases. There is a set fee structure, however, just the ability to meet that doesn't guarantee a spot. We take into consideration the past record of the player, his current skill level and gauge the pathway that he would like to be on in terms of pursuing football as a career. We have come across students with the skill and mental disposition to be fantastic players, but who do not have the monetary backing to go the distance.

In such cases, our team does look at partial scholarship on a case-by-case basis. After all, we do not pay attention to where a player comes from, but only look at their potential and passion towards the game.

9. What is the kind of exposure provided?

RFCFA will be competing in U 13, U 15 and U 18 I league from 2020. The talented individuals will get to play in RFC. We also have tie ups with I league teams all over the country. The athletes will be given scouting opportunities to play in foreign conditions to increase the exposure and contribute towards continuous learning and improvement.

As per the senior team, if the individual is talented his profile will be sent for screening for all the top I league and ISL clubs in the country and RFCFA will take care of their representation and wellbeing.

10. What kind of food is provided?

There is a nutrition program in place which is managed by our Nutrition Specialist. This basically includes 6 meals a day. The menu will be different for vegetarians. The diet will be designed in a way of grooming professional athletes. We also look at imparting knowledge on the food that is being consumed so that the athletes are educated and understand what is going to their body.

11. What kind of security is provided?

There will be a 24hr guard at the facility. Also, general CCTV surveillance will be in place. This is inside a gated community and a warden is always there at the facility.

12. Is the Academy open for boys only?

As of this year the admissions are open to only boys. If interested, please do leave your information here and we will keep you updated.

13. What does the football scholarship consist of?

Scholarship details only provided once the player attends the trials and selected.

14. How many players will be selected for each age groups?

Available slots U 13 – 20 | U 15 - 20 | U 18 – 25 | and U 22 - 20

15. Will a football kit be provided?

Players will be provided with ● Two pairs of jerseys ● One pair of track suits ● 2 pairs of stockings ● 2 polo tee shirts ● 1 kit bag and ● 1 sipper

16. What if the player needs medical attention?

Once the player is injured the coach at the facility will guide the player as to what are the necessary steps. The rehab and the injury management cost are to be borne by the parent/avail a sports insurance coverage which will cover the medical bills.

17. Will the players have to go through medical examination prior to the admission?

Yes, the player has to go through a medical examination and also provide a birth certificate.

18. Are there trials in order to be admitted to the Academy?

Yes, the player will have to come to the Academy in order to go through trials.

19. When will the selected players have to join the Academy?

The players will join the Academy at the beginning of this Academic year i.e. June 2019

20. Can the parents watch the training sessions?

Yes, the parents are welcome to watch the training sessions while they come to visit their kids with prior approval of the coaches.

21. What is the refund and cancellation policy?

If you need to cancel or defer participation, you must submit your request in writing more than 30 days before the program start date to receive a full refund. Due to program demand and the volume of pre-program preparation, cancellations or deferrals received 14 to 30 days before the program start date are subject to a payment of 50 percent of the program fee. Requests received within 14 days of the program start date are subject to full payment of the program fee.

Programs, dates, fees, and faculty are subject to change.

22. Is there a specific goalkeeping training program?

Yes, every individual player goes through goes through training in respect to his playing position on the field. Goalkeepers, Strikers, Midfielders and Defenders go through separate training modules other than blanket coaching.

23. Does my location matter?

No, since it is a Residential Academy the current location of the player does not matter.

24. What happens once my child is signed into an Academy?

Once the athlete is registered and the first instalment is paid,

1. Registration of the player with RFCFA (Birth certificate and Aadhar to be provided)
2. Size of the kitting for the players must be given to the management
3. The athlete must enroll in the desired educational institution
4. Assigning of the athlete to the dorm
5. Confirmation on the date of the arrival of the athlete

25. How much training do an Academy student endure?

Every student goes through 9 to 18 hours of training per week depending on Off- season, Pre-season, Preparation period and Competition week.

26. What are the payment methods? Are there any instalments?

We accept payment by cheques, bank wire transfer, or credit card. The payment is made in three instalments spanning throughout the year

27. How often can the player come back home?

Weekends are off depending on the season of training; the student can choose to go home then. Winter and Summer vacation spans for about two weeks and eight weeks respectively. (This is subject to change depending on the competitions)

28. Will Visa be provided for International players?

We will do the necessary paperwork required showing the admission to the academy. But the cost and approval process to be done from the athlete's side.

29. How will the Academy communicate with the parents?

Quarterly progress reports regarding the football training will be sent to the parents via email. The academic reports will be sent according to the curriculum. The parents can get in touch with the Administrative officer, Warden or the TD directly in case of any emergencies over phone /email

30. What is the future of the players at the academy?

- Talented individuals will be given a professional contract by the club/academy.
- The younger athletes will be given opportunity to play in I league.
- Once the transfer season starts and we get a requirement for a particular player we will handle the transfer and the nitty-gritties of the transfer and the future of the player.
- With continuous improvement our partners at Athletes Today will define the growth and the future of the player among top clubs in India and across the world

31. Are there any Scholarships available?

There are various scholarship programs available for the players. The players will be informed about the same after the trials. If the players have represented their State or the Country at any level, they will be eligible for direct scholarship.

32. Will additional tutoring be provided for the players?

The students can avail additional tutoring which will be arranged by the Academy. We need a month notice to arrange for the same. And the cost will be borne by the athletes.

CODE of HONOR, POLICIES, RULES and REGULATIONS

THE CODE OF HONOUR

As a member of the RFC FOOTBALL ACADEMY's community, each student is expected to treat all people with respect, including fellow students, guests and the RFC FOOTBALL ACADEMY's staff. Each student is responsible to inform the appropriate RFC FOOTBALL ACADEMY's staff member if they see or learn that a fellow student is involved in, has been involved in or is planning any action that is or will (1) be harmful to him or herself, to another student, or to the RFC FOOTBALL ACADEMY's community (2) illegal or in violation of RFC FOOTBALL ACADEMY's codes, rules or regulations; or (3) adversely affect any other member of the RFC FOOTBALL ACADEMY's community. Such actions may include racial/sexual and/or other forms of harassment, violence, theft and the possession or use of weapons, drugs, inhalants, alcohol or tobacco.

Honesty and trust are essential for people to live together in a peaceful, harmonious and productive manner. If a student is questioned by an RFC FOOTBALL ACADEMY's administrator, employee, or other staff member, the student is expected to tell the truth. Refusing to answer or not disclosing the truth will result in disciplinary action which may include, but is not limited to, suspension or dismissal from RFC FOOTBALL ACADEMY, without refund. Truthfulness is held in the highest regard at RFC FOOTBALL ACADEMY and failure to be truthful is considered a serious offense.

CODE FOR RESPONSIBLE BEHAVIOR

RFC FOOTBALL ACADEMY wants students to grow in their abilities in athletics, knowledge and character. In addition, it is our goal to help each student become a responsible, self-motivated and caring individual. The building of these characteristics is dependent upon each student's development of responsible behavior – that is, behavior that fulfills a person's legitimate needs and opportunities in a manner that does not deprive others of their needs and opportunities. RFC FOOTBALL ACADEMY's students understand and agree that their responsible behavior is expected always, regardless of whether they are on or off the field/court or on or off campus, while enrolled at RFC FOOTBALL ACADEMY.

RFC FOOTBALL ACADEMY has positive expectations for its students. As a result, common sense, courtesy and a respect for others are the basis of the discipline system. The following brief guidelines may help students and their parents/guardians to better understand what RFC FOOTBALL ACADEMY expects of each student:

- To strive to make the most of this opportunity for learning, both in and out of their sports program.
- To be considerate and respectful of others.
- To follow the policies, rules and regulations set forth in this handbook for the benefit of the student and all other members of the RFC FOOTBALL ACADEMY's community.
- To contribute to the community. A student's sharing of his/her talents in athletic, artistic, academic, dramatic and other aspects of RFC FOOTBALL ACADEMY's life will contribute to their own growth as well as to the welfare of their fellow students.

RFC FOOTBALL AC ADEMY'S RULES

The rules are based upon past and more recent experience, and therefore are appropriate and necessary to the needs of the academy at this time. RFC FOOTBALL ACADEMY's reserves the right to add to, remove, or change these rules at its discretion with or without notice.

Furthermore, we believe that, within the structure of these rules, broad latitude and ample opportunity exist for students to grow, to meet their needs and to enjoy enriching experiences. In the absence of a published rule, each student is expected to exercise prudent judgment and concern for others.

Both Residential and non-Residential students must comply with the following policies, procedures and rules whether on or off campus, in session or on vacation for the duration of enrollment at RFC FOOTBALL ACADEMY. In addition, Residential and non-Residential students must comply with any applicable city, state or federal laws or ordinances.

RFC FOOTBALL ACADEMY reserves the right to inspect, or search any person, personal property, mail, rooms, lockers, vehicles or other areas, locked or unlocked, at any time and for any reason.

RFC FOOTBALL ACADEMY considers the following major disciplinary offenses. The consequences may include the immediate dismissal or suspension without refund:

- 1) Distribution, purchasing, attempting to purchase, using or possessing alcohol or illegal drugs or drug paraphernalia on or off campus. Illegal drugs include the following:

- Any drug that is illegal under the Indian law including but not limited to marijuana, cocaine, opiates, amphetamines and PCP.
- Any legal substances used in an unsafe way such as inhalants or over-the-counter drugs.
- Any prescription drug that is not used as prescribed or that is in the possession of someone whose name is not on the prescription. "Possessing" includes but is not limited to such situations as:
 - When a student who has been out of the jurisdiction of the school returns to campus showing evidence of having been drinking or using drugs.
 - When a student on campus has alcoholic beverages or illegal drugs in possession.

"In the Presence" Any student who remains in any situation or place for more than the amount of time to become aware of the situation where drugs, substances, or alcohol are present, will be considered to be in violation of RFC FOOTBALL ACADEMY's policies. Students may call (+91) 99164 92795 at any time and ask for pick up from an uncomfortable situation.

2) Theft (or arranging/facilitating the theft) on or off the campus of property or identity including, but not limited to, another student's ID, sports equipment, bicycles, laptop computers, electronics, school books and supplies, internet accounts, credit cards, credit card account numbers, clothing, shoes, or the unauthorized use (or arranging/facilitating the unauthorized use) of calling cards, cell phones, or RFC FOOTBALL ACADEMY's facilities and resources.

3) Intimate contact with another student or acts considered having a sexual connotation or sexual overtones.

4) Male dormitory rooms are off limits to female students, and female dormitory rooms are off limits to male students.

5) Possession of weapons or other dangerous instruments.

6) Leaving campus without permission or without obtaining the proper pass.

7) Fighting, including any physical abuse or contact intended to cause infliction of physical harm to another student.

8) Harassment including (but not limited to) any conduct detrimental to the best interest of the school, such as bullying, hazing, verbal abuse, slander, sexual harassment, harassment via the use of phone or electronic media including internet chat sessions, instant or text messaging, e-mail or social networking sites such as Facebook or any other form of grossly inappropriate behavior.

9) Vandalism, physical damage to any property, whether on campus or off-campus while attending or participating in an off-campus activity.

10) Disrespect shown to fellow students; RFC FOOTBALL ACADEMY's staff member, guest, or contractor; a school teacher, school employee; or tournament/game officials and staff.

11) Criminal activities while enrolled at RFC FOOTBALL ACADEMY or previous unknown criminal activities.

12) Creation, sale, purchase, possession, distribution, or use (or arranging/facilitating the creation, sale, purchase, possession,

distribution, or use) of any identification with false information for the student or any other third party. This includes using another student's ID.

RFC FOOTBALL ACADEMY considers the following additional disciplinary offenses. The consequences may include activity or sport restriction and/or campus improvement. NOTE: Continuous violation of the following rules may result in the immediate dismissal or suspension from RFC FOOTBALL ACADEMY without refund.

1) Use, sale, purchase, distribution, or possession (or arranging/facilitating the use, sale, purchase, distribution, or possession) of tobacco or nicotine products or paraphernalia. Tobacco or nicotine products include but are not limited to cigarettes, e-cigarettes, dip, snuff and chewing tobacco.

2) All forms of gambling (e.g. betting) by students including on the Internet and the sports field.

3) Not possessing a current ID, while on campus.

4) Use of profanity, violent, or harassing speech or writings and images (including in emails and instant messaging).

5) Purchase, sale, possession of, or passing of adult material.

6) Wearing clothes with offensive advertising or content or wearing clothes that are too revealing.

7) Wrestling or other rough games or behavior, including pushing/throwing someone into the swimming pools.

8) Leaving your dormitory room after curfew for any reason other than an emergency

9) Pulling or cooperating/conspiring to pull pranks

Violation of any RFC FOOTBALL ACADEMY rules and regulations may impact current or future enrollment.

FITNESS TO PARTICIPATE POLICY

RFC FOOTBALL ACADEMY requires each student to provide medical documentation of their fitness to participate, prior to the start of their sports program. RFC FOOTBALL ACADEMY may at any time during the year, require additional documentation or testing if it feels more measures are warranted and appropriate. Students are obligated to cooperate in any additional evaluations that may include physical or psychological examinations or testing. If, after evaluation, RFC FOOTBALL ACADEMY questions the fitness of a student to participate and continue with his or her sport program, they may require the student to either:

(1) Follow any recommended medical/psychological treatment program as a condition of his/her participation in their sport program

(2) or be excluded from participation. Exclusion from participation may be temporary or permanent at the sole discretion of RFC FOOTBALL ACADEMY.

FOOD ALLERGY POLICY

RFC FOOTBALL ACADEMY strives to ensure that all students have a safe and positive experience on campus. To that end, RFC FOOTBALL ACADEMY has developed guidelines for those students that suffer from food allergies. The following policy applies:

- RFC FOOTBALL ACADEMY does not knowingly incorporate allergens into foods served in the cafeteria. However, RFC FOOTBALL ACADEMY cannot prevent all cross-contamination during food manufacturing, transportation and service process.

- Parents of students with severe allergies and other potentially life-threatening medical conditions may elect to have this information listed on a medical identification card.

- To the extent reasonably available, students with food allergies will have the opportunity to purchase individual sealed meals that are free of specific allergens. To participate, students must make arrangements with Health Services.

Remember: Student that suffer from severe allergies, food or otherwise, should:

- Notify the RFC FOOTBALL ACADEMY Health Services Department of their allergies and prescribed treatments in advance.

- Be prepared to manage their allergic conditions before arrival on campus. Students should consult with their private health care practitioners regarding appropriate management of their allergies. Students should carry their treatments with them as prescribed by their physician.

- Be aware of the possibility of exposures at any time.

- Never trade food with others and be very careful in any situation that might lead to consumption or exposure to an allergen.

RFC FOOTBALL ACADEMY SUPPLEMENTS POLICY-RESIDENTIAL STUDENTS

RFC FOOTBALL ACADEMY supports food and diet as the best choices for optimal sport nutrition performance. However, it acknowledges that some third parties recommend supplements as beneficial for overall health and/or performance.

- For the purposes of this policy, a supplement refers to any product (pill, tablet, soft chew, powder, liquid, beverage, etc.) designed to supplement the diet and including one or more of the following ingredients: vitamins, minerals, herbs, botanicals, amino acids, ergogenic aids, calorie boosters, concentrate, metabolite, constituent, extract, or combination of these ingredients.
- For the purposes of this policy, a Residential student refers to an student enrolled in the RFC FOOTBALL ACADEMY and who lives in housing provided by RFC FOOTBALL ACADEMY.
- For Residential students, RFC FOOTBALL ACADEMY permits supplements with approval as outlined below from (1) legal guardian(s), (2) physician prescription, and (3) Health Services.

1) Legal guardians must provide documentation to permit the student to have a supplement on campus in their possession.

2) All supplements on the RFC FOOTBALL ACADEMY campus require a physician prescription. The prescription must include the following:

- Type of supplement
- Brand
- Dose Regimen
- Date

3) Health Services will be responsible for obtaining original, print and cursive signatures on properly dated documentation that indicates the supplement is approved by the legal guardian and physician. Health Services will also provide copies as deemed necessary to the Nutrition Division and designated coaches, as indicated by the legal guardian above in section (1). The Nutrition Division will provide Health Services with a list of approved supplements annually.

HARASSMENT POLICY

RFC FOOTBALL ACADEMY seeks to provide a safe and secure environment where every individual who attends RFC FOOTBALL ACADEMY is treated with sensitivity and respect. Harassment in any form will not be tolerated at RFC FOOTBALL ACADEMY.

Harassment is defined as unacceptable behavior toward a student, staff member, employee, or other member of the RFC FOOTBALL ACADEMY's community on the basis of that person's race, creed, color, religion, national origin, ancestry, age, gender, sexual orientation, marital status, or disability that has the intent or effect of substantially interfering with the person's educational, sport, or living environment. The policy includes harassment via the use of any print, phone or electronic media including (but not limited to) Internet chat sessions, instant or text messaging, social media sites such as Facebook or email.

CYBER-BULLYING

The RFC FOOTBALL ACADEMY subscribes to the definition of cyber-bullying as "a situation when a teen or child is repeatedly tormented, threatened, harassed, humiliated or embarrassed or otherwise targeted' by another child or teen using text messaging, email, instant messaging or any other type of digital technology." RFC FOOTBALL ACADEMY is committed to the prevention of cyber-bullying and will deal with instances of such behavior as it deems appropriate.

If the harassment complaint is substantiated, RFC FOOTBALL ACADEMY will take appropriate disciplinary action up to, and

including suspension or dismissal of students without refund or the discipline of staff and employees. If warranted, a written report of the investigation may be prepared, and recommendation made including referral to the Discipline Committee.

FALSE CLAIMS OR REPORTS OF HARASSMENT:

Any student or parent/guardian that makes a knowingly false claim or report of harassment for any reason will be subject to appropriate disciplinary action up to and including suspension or dismissal of students without refund. Any faculty or staff of RFC FOOTBALL ACADEMY that makes a knowingly false claim or report of harassment against any student or their parent/guardian for any reason will be subject to discipline from RFC FOOTBALL ACADEMY as outlined in the RFC FOOTBALL ACADEMY Employee Handbook.

THEFT/LOSS/UNAUTHORIZED USE/DAMAGE POLICY

RFC FOOTBALL ACADEMY is not able to prevent the theft, loss, unauthorized use, or damage of personal property. Students (together with their parents/guardians) must take responsibility for protecting and caring for any personal property they decide to bring to campus. RFC FOOTBALL ACADEMY is not responsible for the damage, loss, or theft of any personal property. Participants/visitors agree to hold RFC FOOTBALL ACADEMY harmless for such loss, damage or unauthorized use.

CAMPUS CLOSURE

The campus may close down at any time for the safety and well-being of the students. When the

alarm sounds (one long continuous beep), or upon direction of staff, all students, regardless of their Residential status must adhere to the following guidelines:

- All students must proceed and stay in the nearest indoor location. Students may not leave that area until the all clear (three short beeps) sign is given or upon staff direction.
- All shuttles and transportation to and from campus will stop running. Students must stay on the bus/van until the campus is open again unless directed otherwise by a Student Services staff member.
- All programs will be suspended until the campus is re-opened. Services such as dining may be extended, if necessary.
- Non-Residential students may leave campus only if they are accompanied by their parents and/or other adult. Students may wait at Guest Relations but are not permitted to stand under the transportation tent.
- Failure to listen to the direction of a staff member or stay indoors will result in disciplinary action.

DINING AREA

- Students are responsible for cleaning their own tables and placing their utensils and plates in the proper receptacles.
- Students are not allowed to take utensils, glasses, cups, bowls, or plates outside of the dining room for use in dormitory rooms or elsewhere, unless a student requests their food to go, in a "take out container."
- Students may take one serving of an item at a time and may return for additional portions.
- Breakfast, lunch and dinner are provided to all Residential students.
- Non-Residential students are provided with Lunch only, Monday to Saturday.

- Bags, back packs or sports equipment must be placed in the designated area and are not allowed in the dining room.

SWIMMING POOL

The Swimming Pool is open at scheduled hours and are not allowed beyond that. The following rules are posted by the pool. Violation of any of these rules will result in the suspension of all pool privileges and may result in further disciplinary action:

- 1) No diving or jumping (including no "cannonballs")
- 2) No throwing or pushing people in the pool
- 3) No dunking
- 4) No running around the deck
- 5) No rough play
- 6) No food or drinks inside the pool
- 7) Proper pool attire is required – swimsuits must be worn while in the pool

FOOTBALL FIELD

- The field will be closed anytime the surface is wet/slick and during weather safety alert.
- Students must always be supervised by staff.
- No food or drink allowed on field.
- Athletic sneakers must be worn at all times; no bare feet or flip flops allowed.
- No bags on the field.
- No rough play or un-sportsman like conduct will be tolerated.

DRESS CODE

- Students are expected to dress in an appropriate manner.
- Torn clothing and clothes that do not provide adequate cover, or that are too revealing, are not permitted.
- Students are not permitted to wear clothing, shoes, or accessories with offensive slogans or

content as determined by RFC FOOTBALL ACADEMY's discretion.

- Students are not permitted to have any new body piercings or tattoos without being under their parent's direct supervision.
- Each school has its own dress code policy. Students need to review this information and be in full compliance while attending school.

Students who are dressed inappropriately, will be asked to change into appropriate attire while on the RFC FOOTBALL ACADEMY's campus or in a sponsored activity (including trips, tournaments and games). Failure to promptly change into appropriate attire will be cause for discipline.

Residential Student Information/Procedures

EXPECTATIONS FOR RESIDENTIAL STUDENTS

The campus at RFC FOOTBALL ACADEMY is your home. Students are expected to take pride in and care for their rooms and the grounds that make up the campus.

Students' Rooms:

- Make the bed each morning before leaving the room.
- Fold and store all clothes in a closet or dresser.
- Put all toiletry items neatly away in a storage bin or bathroom cabinet.
- Neatly organize all items kept on top of the dresser/furniture.
- Put food and beverages in the refrigerator, locker or cabinet.
- Place dirty clothes in a laundry bag.

- Turn off all lights and approved electronic equipment, including computers and sound systems before leaving the room.
- Turnoff and unplug flat irons, curling irons and hairdryers before leaving the room.
- Close and lock all windows and doors when leaving the room.
- Clean out the refrigerator and other food items at least once a week.
- Take out all garbage on a daily basis.
- Report any damages to the dormitory staff.
- Secure electronics (computer, iPod, cell phone, etc.) and valuables at all times.
- Pick up and properly dispose of trash.
- Immediately report any vandalism, abandoned, or suspicious looking packages or items, or suspicious persons or behavior you observe to the Student Services staff.

Dormitory Regulations:

- Students and Student Services staff are required to inspect the room together upon the student's arrival. An accurate record of the room condition will be agreed upon. Any damage discovered after this inspection will be paid for by the persons living in the room or by the student specifically responsible, should this information be known to RFC FOOTBALL ACADEMY's administration. Room changes at any time require a re-inspection and settlement for any damages prior to any move.
- Student Services staff must be consulted and must approve the relocation of moveable dormitory furniture. Bunks may not be placed lengthwise across windows as this is against Fire Department regulations.
- Wall decorations, pictures and posters are restricted to the bedrooms. Pictures and/or posters may not include: alcohol or drug references; racial, ethnic, religious or sexual stereotypes; profanity; or nudity. All wall decorations, pictures and posters are subject to

Student Services staff approval. No fasteners that puncture or cause damage to the paint or walls may be used.

- Students must not tamper with thermostats. Problems with heating and cooling must be reported to the Student Services staff.
- Students must not tamper with smoke alarms in their rooms or hang any objects on or from them as this could affect their function. Malfunctioning or blinking alarms must be promptly reported to the Student Services staff.
- Small, under-the-counter refrigerators or microwaves are allowed in students' rooms who are 13 years and older.
- Electrical appliances such as toasters, toaster ovens, hot plates, hot pots and any other devices that have exposed heating elements are not permitted. Students who wish to bring their own irons may do so and use them only on a standard ironing board (and specifically not the floor or their bed).
- Candles, incense, matches, lighters, lava lamps or open flames of any kind are not permitted.
- Personal televisions are not allowed.
- As stated in the Theft Policy, it is strongly recommended that students not bring expensive items or items of personal value to RFC FOOTBALL ACADEMY, including but not limited to, awards, jewelry and other expensive electronic devices without first obtaining adequate insurance for these items. RFC FOOTBALL ACADEMY is not responsible for damage, loss, or theft of any student property.
- Room inspections will be made several times a day without notice. Rooms that do not pass inspection will be issued "demerits" (Please see Discipline Demerit System) and occupants may be suspended from their sport programs or restricted to their room for the evening.
- No notes, messages, posters, or decorations of any sort may be placed on the outside of the

room doors without the permission of the Student Services staff.

- Lights and approved electrical appliances in the dormitory rooms must be turned off when students are out of their rooms.
- Windows must remain closed.
- Shades must be closed after dark.
- Talking or shouting outside of the windows of a dormitory is not allowed. Persons outside dormitories are not to hold conversations through the windows.
- Throwing items off the balconies or out the windows is not permitted.

Room Damage Policy:

- RFC FOOTBALL ACADEMY expects students to respect the facilities and not damage their rooms.
- Rooms are expected to be clean and free of debris during final check-out. An extra cleaning charge will be charged to each occupant for messy rooms.
- All damaged property will be charged to the student's personal account or the damage account for the parties who occupy a room or those involved.

Electronic Equipment/Amplified Music:

Students may have electronic equipment such as; stereos, computers, cell phones, iPods, DVD players and videogame systems in their rooms. The rights of others to study, sleep, read, speak on the phone, meditate, or privately listen to other music takes priority over those who carelessly operate their electronic equipment, including playing music at a high volume.

The following standards apply to the operation of electronic equipment:

- Music played may not contain obscene, offensive, racially or sexually insensitive

language. Music of this nature will be confiscated.

- Equipment with sound must operate with headphones after 10:30pm until 7:00am (extended through 9:00am on Sunday).
- Speakers may not be directed toward walls, doors or out windows.
- Equipment being used outdoors must be at a volume so as to not disturb anyone.
- Amplified musical instruments are not to be used in dormitories except by specific permission from the Director of Student Services.

Fire Alarm:

If an area has become unsafe due to fire or smoke, the Student Services staff will escort the students to the front parking lot. The staff will take a head count of each dormitory to account for each student. No student may leave the group until the Manager on Duty has deemed the area safe to return.

- All students are required to treat every alarm as real by exiting their dormitory rooms in a calm and orderly fashion and meet at their assigned area.
- Fire drills will be conducted, with or without notice, during the school year.

DISCIPLINE/DEMERIT SYSTEM

The discipline demerit system of RFC FOOTBALL ACADEMY is based on the idea that students are to focus on three different areas that make up the life of a student. The system is set-up to reward students for completing the expected tasks in each area of life. If a student does not complete an expected task the student is issued "demerits" by the Student Services staff. The more demerits a student receives during the week the fewer privileges he/she will receive. The basic premise is that the student is

in control of his/her actions and choices. Positive choices result in more privileges.

Poor choices result in fewer privileges or possible restrictions being imposed. The 3 areas that define the life of a student at RFC FOOTBALL ACADEMY are:

- 1) School Life
- 2) Sport Program
- 3) Dormitory Life

What is a Demerit?

A staff member gives a demerit to a student if he/she has not completed an expected task. For example, if a student is late for their sport program, Student Services staff may issue demerits for tardiness. The number of demerits issued for a various infraction or uncompleted task is determined by the Student Services staff member. There is no limit to the number of demerits a student can receive during the week.

Student Demerit Classification System

0 demerits Elite Club - This student has demonstrated an outstanding level of responsibility toward RFC FOOTBALL ACADEMY life. This student may participate in any off-campus activity offered during the upcoming week, including special trips for only Elite Club members.

1-2 demerits Level 1 – This student has demonstrated an above average level of responsibility toward RFC FOOTBALL ACADEMY life. They may participate in all off-campus activities offered during the upcoming week, except trips designated only for Elite Club.

3-5 demerits Level 2 – This student has demonstrated an average level of responsibility toward RFC FOOTBALL ACADEMY life. The student may participate in all activities offered

during the upcoming week, trips designated only for Elite Club. Students on Level 2 may not use 16 & over privileges for the upcoming week.

6-12 demerits Level 3 – This student has demonstrated a below average level of responsibility toward RFC FOOTBALL ACADEMY life. The student is not permitted to participate in any off-campus activities offered during the upcoming week. The student is not permitted to use Host Family privileges, 16 & over or 18 & over privileges during the upcoming week. The student will also be required to attend detention in the evenings during the upcoming week.

13-16 demerits Level 4 – This student has demonstrated a limited level of responsibility toward RFC FOOTBALL ACADEMY life. This student may be suspended from their sport program and/or may be required to meet with a Student Services Manager or the Discipline Committee. The student will be required to abide by the restrictions described under Level 3 for a period of 2 weeks.

17+ demerits Level 5 – This student has demonstrated a limited level of responsibility toward RFC FOOTBALL ACADEMY life. The student will be required to abide by the restrictions described under Level 3 for a period of 2 weeks. This student may be suspended from their sport program and will be required to meet with a Student Services Manager or the Discipline Committee.

How Do Students Receive Demerits in These Areas? School Life:

A student may receive demerits for not completing the following expected school-related tasks:

- Being on time to the school bus or classroom.

- Observing the school's required dress code.
- Attending classes.
- Behaving in an appropriate manner at all times, including on the bus to and from school, in class and in the lunchroom.
- Behaving respectfully toward all teachers, school staff, bus driver and fellow students.

Sport Program:

A student may receive demerits for not completing the following expected sport tasks:

- Being on time for the sport program.
- Bringing all needed equipment to practice.
- Behaving in an appropriate manner during the sport program.
- Attending sport program.

RESIDENTIAL STUDENT SIGN-OUT POLICIES

Signing Out for Trips/Activities:

Trips are planned weekly for students to attend various off-campus trips. A calendar of events is posted weekly in each student's room.

- Space is limited and is on a first come-first served basis.
- Certain restrictions may apply (Elite Club, Level 3+, etc.).
- Current ID's must be worn and visible.
- Throughout the year, Student Services will plan special trips (concerts, sporting events, museums, etc.). Staff will instruct the students on the sign-up process. Permission will be required for the special trips.

Permission to Leave Campus:

Students must obtain permission from their Parent or Legal Guardian to leave campus for the following reasons:

Tournament/Game Off-Campus Passes:

- Student leaving for a scheduled tournament/game with RFC FOOTBALL ACADEMY staff are required to be signed out by the coach or staff member escorting the group to the tournament/game.
- Students may not leave for a scheduled tournament/game without an RFC FOOTBALL ACADEMY staff or Host Family.

Late Night Return from Tournaments, Games or Trips:

If a student returns to RFC FOOTBALL ACADEMY's campus after curfew from a trip or tournament/game, the following policy will be in effect:

- The student is excused 8 hours from the time of arrival at RFC FOOTBALL ACADEMY until they are expected to attend the next class. For example, a student arriving at 2:15am would be excused until 10:15am.
- The excused student may stay in their room for the morning and rest but may not participate in their sport program for the day.
- If the student goes to school on the late bus he/she may participate in the afternoon sport program.

HEALTH SERVICES:

The Health Services Department will determine whether a student may be excused from attending school, sport program, and/or study hall due to illness or injury. Parents/guardians are not permitted to excuse their child from school without the consent of the Nurse on Duty.

- If a student misses any academic classes due to illness or injury, they will not be allowed to participate in their sport program that day and will be restricted to their dormitory for that evening.

- Injured students must report to their sport program unless they have a pass from the nurse. Only the nurse, and not the student's parent/guardian, can excuse a student from participation in their sport program (see the last bullet point below).
- Students excused from Study Hall by the nurse because of illness or injury will be discharged to the dormitory and will be restricted to their dormitory for the remainder of that evening.
- All medical appointment times must be made through the Health Services Office to ensure that students can be transported at the appropriate time.
- Student missing medical appointments without an adequate reason must pay the physician's regular office visit fee (this fee will be deducted from the medical deposit account described above) and the student will be restricted to the dormitory for the remainder of that evening. Habitual offenders will receive more severe sanctions and discipline.
- Students who do not take medication as prescribed by their doctor or who fail to follow their doctor's orders may be considered unfit to participate in their sport program.

CONSEQUENCES OF STUDENT'S SCHOOL DISMISSAL OR SUSPENSION

Dismissal from a student's academic school may also result in dismissal from RFC FOOTBALL ACADEMY without refund. This pertains to both Residential and non-Residential students. A decision will be made by the Discipline Committee after reviewing the facts of the case and interviewing the student.

Suspension from a student's academic school may result in suspension or dismissal from RFC FOOTBALL ACADEMY without a refund. This pertains to both Residential and non-Residential

students. A decision will be made by the Discipline Committee after reviewing the facts of the case and interviewing the student. Students who are suspended from their academic school will not be allowed to participate in their sport program or any associated tournaments or games during this time and will receive no refund for missed days. Suspended students will be required to perform work duties during their suspension.

THE RFC FOOTBALL TRAINING ECOSYSTEM

The RFC ecosystem is designed to nurture footballers from initiation to realizing player potential. We do this by always putting football first, bringing best-in-class facilities, services, coaches and opportunities to our students before, during and after their tenure with RFC Football Academy. Our team and management wear many hats, serving as coaches, educators, players, mentors and scouts. Through it all, the goal is simple - drive the young talent forward to find purpose in their passion.



Natural Turfs



International & national coaches to boost support & build RFC football



Student athletes energized via RFC Football Training Programmes



Active fans that support, propel & encourage our mission



Professional football club - Rebels FC - fostering professional players to League championships



Underprivileged athletes activated at the Rebels Foundation - an initiative by RFC

We welcome you to the city of technology, culture, sports, fitness and the home of the Rebels FC Football Academy, where young athletes discover their passion for football and fuel their game with talent, skill and purpose.

Experience the RFC Football Academy's residential programme first-hand. Get your child a trial to our programme. Contact us today and let's get started.



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